

K - 8
Trihawks Wrestling Camp
July 27, 28 & 29 -- 2009

The Trihawks Wrestling staff invites you to attend a great camp!!

* Featuring Joe Murphy 2 time State High School Champion

A GREAT OPPORTUNITY TO:

- ❖ learn age appropriate techniques
- ❖ have fun
- ❖ start new friendships
- ❖ participate in organized activities

WHO: Any boys who will be going into K through 8th grades.

WHEN: Mon. July 27th - 6 - 9 p.m.

Tues. July 28th - 6 - 9 p.m.

Wed. July 29th - 6 - 9 p.m.

WHERE: **Trinity Gym -- 601 River Ridge Parkway -- Eagan, MN 55121**

COST: \$40.00 early registration before July 1st; \$45.00 after July 1st (check payable to Trihawks, memo Trihawks Wrestling camp)

BRING: Shorts, T-shirt and gym shoes

The Camp will provide a complete introduction to the sport of Wrestling for the novice to more advanced skills for the experienced wrestler. There will be personalized instruction for each participant and plenty of actual wrestling time on the mat. Included in camp cost:

⇒ A CAMP T-SHIRT and a PERSONAL SKILLS DEVELOPMENT

⇒ GAMES AND REFRESHMENTS

⇒ TOURNAMENT: - after last practice -- opportunity to practice newly learned skills!

Regardless of your skill level or knowledge of the sport don't hesitate to come. It promises to be a full three nights of Wrestling fun. For more registration information or questions email: trihawkswrestling@hotmail.com or phone Pat Murphy 952-895-9953. Good luck and Good WRESTLING!!!

PLEASE BRING to camp to complete registration or mail to: Trihawks Wrestling 12909 16th Ave. S. Burnsville, MN 55337

I give my consent to my son(s) _____ to participate in the Trihawks Wrestling Camp. I release coaches, staff, and school/faculty from any medical liability. I understand that injuries may occur in any athletic activity and I agree to pay the cost of treatment if my child is injured

Parent/Guardian Signature

Clinic: _____ Doctor: _____ Phone: _____

Parent: _____ Phone: _____

Email address: _____

Child's Name, Weight and Grade _____