

# Lake Mills Wrestling Club Wrestling Tournament

Lake Mills High School • 102 S 4th Ave East • Lake Mills, IA 50450

## Friday, November 25, 2011

### Will be using two gyms!

### 5th-6th and 7th-8th will use full mats in second gym

**Entry Fee:** \$10 in advance, \$12 at the door. NO REFUNDS.

**Make checks payable to:** Lake Mills Wrestling Club. **Mail entry form and \$10 by November 18th to:** Kevin Hebrink, 605 S Western, Lake Mills, IA 50450. Phone: 641-592-4002.

### Kindergarten Prep through Eighth Grade

- Round-robin tournament - four-person brackets
- Everyone wrestles 3 times, if possible
- Medals awarded to all four places
- Awards handed out shortly after brackets are complete

Grade	Weigh-in time
K Prep & K	11:30 am-12:30 pm
1 & 2	11:30 am-12:30 pm
3 & 4	2:00-2:30 pm
5 & 6	1:00-1:30 pm
7 & 8	2:00-2:30 pm

### Tournament Rules:

1. Concession stand available -- Sponsored by the LM Wrestling Club.
2. Coaching at mat side.
3. Matches will consist of three, one-minute periods. Overtime will be sudden death and first to score wins
4. Any boy or girl causing trouble or doing damage in the facility will be held responsible for such damages and will be ruled ineligible for the rest of the day.
5. When a participant is not on deck, or wrestling, he/she is expected to be in the bleachers.
6. Participants will be responsible for any lost items.
7. Injuries must be reported to the meet director the day of the tournament.
8. Showers are available. Bring your own towel.
9. Admission will be charged to everyone except participating wrestlers.
10. No sweatpants, sweatshirts or jeans please.
11. Skin diseases: Anyone with skin problems will not be allowed to participate. This includes cold sores, impetigo, boils and ringworm.

### Registration Form

This is not a school sponsored event. No liability is assumed by the tournament coordinators, any officials, the City of Lake Mills, the Lake Mills Wrestling Club, or Lake Mills Community School. If you have questions, contact Kevin Hebrink at 641-592-4002 or Gary Holst at 641-567-3333. **Please duplicate this form as necessary.**

Please fill out and mail to: Kevin Hebrink, 605 S Western, Lake Mills, IA 50450

Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ Birth Date \_\_\_\_\_

School \_\_\_\_\_ Telephone \_\_\_\_\_

Grade \_\_\_\_\_ Weight \_\_\_\_\_ Record \_\_\_\_\_ Beginner Intermediate Advanced

Parent Signature \_\_\_\_\_