



Norse Wrestling Tournament

Saturday, January 16th, 2010

Regents Center at Luther College

<u>Division</u>	<u>Grade</u>
Beginners	K, 1 st & 2 nd
Bantam	3 rd & 4 th
Junior	5 th & 6 th
Senior	7 th & 8 th

*Compete against Wrestlers from Iowa, Minnesota and Wisconsin.
Including an ALL STAR TEAM from CALIFORNIA.*

Entry Fee: \$15.00 for REGISTRATION and accepting WALK-INS. All weigh-ins will be from 7:00 to 8:30 AM. Iowa High School rules will be used. Four-man Round Robin brackets will be established based on weigh-ins the day of the tournament. We will wrestle three one-minute periods, and headgear is optional.

Trophies for Champions, Medals for 2nd, 3rd, and 4th

NAME _____ SCHOOL OR CLUB _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE _____ PARENT'S CELL _____

PARENT'S EMAIL _____

AGE _____ GRADE _____ WEIGHT _____ 2009-10 RECORD _____

OTHER USEFUL BRACKETING INFO SUCH AS STATE PLACING, EXPERIENCE LEVEL, TEAMMATES OR RELATIVES YOU WANT TO STAY AWAY FROM IN BRACKETS, ETC:

Mail entry and fee **BY WED, Jan 13th** to: Dave Mitchell 700 College Dr. Decorah, IA 52101
MAKE CHECKS PAYABLE TO: NORSE WRESTLING

For more Info Contact: Dave Mitchell at (563) 387-1713 or Email at Mitch@luther.edu
OR Billy Huebner (608) 790-2468 or Email at Coachbilly@luther.edu

I/we certify that _____ was born on the date stated and has my/our permission to compete in the **Norse Junior Wrestling Tournament**. I also certify that he/she is in the grade listed. I/we hereby accept full responsibility for his/her behavior and for his/her participation and any injuries that may occur.

Parent or Guardian Signature _____

Print Parent Names _____