

West Metro K-6 Youth Open



Saturday, January 30th



Orono High School

795 Old Crystal Bay Road

Long Lake, MN 55356

Please note new Highway 12 By-pass!

Driving from the West on Highway 12	Take County Road 6 exit. Turn left at light and go East.
Driving from the East on Highway 12	Take either the Long Lake/Wayzata Blvd. exit or County Road 6 exit.

Weigh-ins	Time Period	Age Group	Start Times
K-3	7:30—9:00 am	K-3	10:00 am
4-6	8:00—9:30 am	4-6	As soon as mats clear from younger ages.

Brackets	4-Man Round Robin (3 matches)
Periods	Three one-minute periods
Format	High School Rules and Scoring
Awards	All Wrestlers
Entry Fee	\$12 at the Door
Admission	\$3.00 Adults; Children are Free

Breakfast Special!

Pancakes, Sausage, and Juice/Coffee.....\$4.00...all the pancakes you can eat!

Full Concessions Available All Day!

Contact Name	Phone Number	E-mail
Tom Winkels	612-347-8641	Tom@AdvancedWealth.com
John van Dyck	952-261-8963	JohnvanDyck@rocketmail.com

Orono Wrestling Club, P.O. Box 71, Long Lake, MN 55356

Wrestler's Name: _____ Date of Birth: _____ Grade: _____

Address: _____ City: _____ State: _____ Zip: _____

Wrestling Team/Club: _____ Emergency Contact Number: _____

I give _____ (wrestler's name) permission to participate in the West Metro Youth Open Wrestling Tournament. I will not hold the Orono Wrestling Club, Orono Community Education, Orono School District, or any of its personnel responsible for any injuries.

Parent/Guardian Name (Print): _____ Parent/Guardian Signature: _____

This form may be duplicated.